

# WHERE SHOULD I GO FOR CARE?

Have a plan for when you need quick care. You'll be on your way to making smart healthcare decisions today and in the future.



## PRIMARY CARE DOCTOR

- Call your doctor first, if available
- They know your medical history best
- They should help coordinate all your care

## VIRTUAL CARE

- Affordable access to 24/7 sick care-No appointment
- Behavioral healthcare by appointment

## RETAIL HEALTH CLINIC

- Conveniently located within retail stores
- For minor, non-emergent health issues

## URGENT CARE

- Immediate care for pressing, not life-threatening conditions
- Most have extended hours, some 24/7
- Wait time is typically shorter than ER

## EMERGENCY ROOM/ COMMUNITY HOSPITAL

- Immediate care for life-threatening emergencies
- Always go to the ER if your health is in danger, or call 911